

# 50 Ways Defiant Action Group Protest Training Resources

November 2025

General guidance on protest safety:

- National Lawyers Guild, *Protest Tips 101 Slide Deck*: <https://nlgsf.org/protest-tips-101-slide-deck/>
- National Lawyers Guild, *Know Your Rights - A Guide for Protesters*: <https://www.nlg.org/wp-content/uploads/2022/06/Know-Your-Rights-Booklet-2022.pdf>
- No Kings, *Know Your Rights Guide*: <https://www.nokings.org/kyr>
- Indivisible, *Safety, Security, and Digital Preparedness for a Second Trump Administration*: <https://indivisible.org/resource/safety-security-and-digital-preparedness-second-trump-administration>
- Greenpeace, *Protest Safety Tips*: <https://www.greenpeace.org/usa/protest-safety-tips-from-greenpeace/>
- Center for Applied Nonviolence, *Nonviolence Toolkit*: <https://nonviolencetoolkit.com/nonviolence-toolkit-methods-tactics-nonviolent-demonstration-safety-training>
- Human Rights Campaign, *Tips for Preparedness, Peaceful Protesting, and Safety*: <https://www.hrc.org/resources/tips-for-preparedness-peaceful-protesting-and-safety>
- ACLU, *Protester's Rights*: <https://www.aclu.org/know-your-rights/protesters-rights>
- NAACP, *Staying Safe During a Protest*: <https://naacp.org/resources/staying-safe-during-protest>
- UVA, *Ten Tips to Stay Safe in a Demonstration*: <https://uvaemergency.virginia.edu/10-tips-stay-safe-demonstration>
- BLM, *Emotional and Physical Safety in Protests*: <https://justhealing.files.wordpress.com/2012/04/emotional-physical-safety-in-protests-blm.pdf>
- BLM Seattle, *Protest Safety Guide*: <https://blacklivesseattle.org/protest-safety-guide/>
- AFSC, *How to Stay Safer at a Protest*: <https://www.afsc.org/story/how-to-stay-safer-protest>
- Wired: *How to Protest Safely, What to Bring, What to Do, and What to Avoid*: <https://www.wired.com/story/how-to-protest-safely-gear-tips/>

- *Notes from a Nonviolent Training Session* (1963): <https://www.crmvet.org/info/nv1.htm>
- Gene Sharp, *198 Methods of Nonviolent Action*: <https://commonslibrary.org/198-methods-of-nonviolent-action/>
- Activist Checklist - Emergency Checklist: <https://activistchecklist.org/emergency/>

If stopped by police (also addressed in general guidance, above):

- ACLU of Virginia, *Know Your Rights: Stopped By Law Enforcement*: <https://www.acluva.org/know-your-rights/police/>
- Indivisible, *A Note on Police Encounters*: <https://indivisible.org/resource/note-police-encounters>

De-escalation (also addressed in general guidance, above):

- Susan Schorn, *Protest Efficacy and Safety Training*: <https://susanschorn.com/wp-content/uploads/2025/07/2025ProtestSafetyTrainingGuide.pdf>
- No Kings 10/15/25 training: [https://www.youtube.com/watch?v=\\_BcAjBx1ciI](https://www.youtube.com/watch?v=_BcAjBx1ciI)
- Hands Off! De-escalation and safety training video: [https://www.youtube.com/watch?v=\\_Pgmn9QRr48&t=122s](https://www.youtube.com/watch?v=_Pgmn9QRr48&t=122s)
- De-escalation Zoom training video: [https://drive.google.com/file/d/1Jdhif4EOdKF3e6jr5Esw24F02HS7rYfE/view?usp=drive\\_link](https://drive.google.com/file/d/1Jdhif4EOdKF3e6jr5Esw24F02HS7rYfE/view?usp=drive_link)
- De-escalation slide deck: [https://docs.google.com/presentation/d/12iKYt\\_Fv1J5KqpoYwrgjvANgG9Re-4rlbBKqm5evpfM/edit?slide=id.p#slide=id.p](https://docs.google.com/presentation/d/12iKYt_Fv1J5KqpoYwrgjvANgG9Re-4rlbBKqm5evpfM/edit?slide=id.p#slide=id.p)
- MoveOn de-escalation tips: <https://s3.amazonaws.com/s3.moveon.org/images/De-EscalationTips.pdf>

## **Digital Preparedness and Safe Communications Resources**

Preparing for a protest:

- Two versions of the same story, might be slightly different, both claim to have been updated:
  - The Markup, *How Do I Prepare My Phone For a Protest*: <https://themarkup.org/the-breakdown/2024/05/04/how-do-i-prepare-my-phone-for-a-protest-updated-2024>
  - LAist, *How Do I Prepare My Phone For A Protest*: <https://laist.com/news/how-do-i-prepare-my-phone-for-a-protest>
- Electronic Freedom Foundation, *Surveillance Self-Defense: Attending a Protest*: <https://ssd.eff.org/module/attending-protest>

### General:

- Hyperion article on secure phones vs. encrypted messaging apps: <https://hyperionservices.co/secure-phone-vs-encrypted-messaging-apps/>
- Cyber Insider 2025 review of best encrypted messaging apps: <https://cyberinsider.com/secure-encrypted-messaging-apps/>
- Wired Podcast, “Seriously, Use Encrypted Messaging”:  
<https://www.wired.com/story/gadget-lab-podcast-657/>

## **Protest Analyses**

- Lisa Corrigan on how protests and rallies amplify: <https://substack.com/redirect/e4a10f3a-e2c1-44c6-9534-15d41e9853ca?j=eyJ1IjojZHY5cncifQ.OrGQrPgoIWqVyJ2xirfWVLNHv05Dm4sBt4lYrLLW4tg>
- Erica Chenoweth interview with Paul Krugman, Oct. 25, 2025. Great update on her research and analysis of civil resistance: <https://paulkrugman.substack.com/p/talking-with-erica-chenoweth>
- CNN piece on origin of inflatable costumes at protests: <https://www.facebook.com/reel/1728352751158447>

## **Legal Resources**

- Virginia Law Referral Service. Keeps a list of private attorneys who do free initial consultations (you pay \$35 for the referral); <https://www.vsb.org/Site/Site/legal-help/vlrs.aspx>. 804-775-0808 or 800-552-7977
- ACLU of Virginia. If you believe your rights have been violated, contact ACLU-VA in Richmond immediately. [intake@acluva.org](mailto:intake@acluva.org). 804-644-8022. [www.acluva.org](http://www.acluva.org)
- David Natkin provides local advice to 50 Ways.